> 10 Summer festivals

> 12 Business support

> 19 Win an iPad

thenewhammag

issue 276 // 7 – 21 June 2013

Eastern promise

£1bn development announced for Royal Docks (p9)

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Newham London

the newham mag

A huge-scale development announced for the Royal Docks will see London's newest business district created right here in Newham. We explain what this means for residents on page 9.

It may still be spring but we're looking forward to a super summer with the return of the unmissable Mayor's Newham Show (p14) and our much loved community forum festivals (p10).

Enter our great competitions and you could win a fabulous prize (p25) or complete and return our *Newham Mag* survey and be in with a chance of winning an iPad (19).

Cllr Andrew Baikie

Executive member for housing and customer service

To request a large print version of the Newham Mag call 020 3373 1517 or email newham.mag@newham.gov.uk

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Look out for the next issue from 21 June 2013

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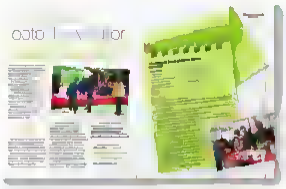

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Newham London

Find us online at www.newham.gov.uk/mag
For information on all Newham Council services visit www.newham.gov.uk

Moon and the stars for Ideas Olympiad

Space scientist Maggie Aderin Pocock MBE and West Ham United joint-chairman David Gold are set to share their life stories at Newham's Ideas Olympiad

The council's highly popular series of free events continues on Tuesday 18 June at Stratford Circus Theatre Square E15, where David Gold will share his rags to riches story

Maggie Aderin-Pocock will be speaking at The Siemans Crystal E16 on Thursday 27 June

To book your free place or find out more and visit **www.newham.gov.uk/ideasolympiad** or turn to page 28

High Court ends 'pointless' cases

The High Court has taken the rare step of imposing a restraining order on a man who made a series of 'pointless' legal claims against Newham Council

Mr Justice Collins referred to nine cases issued by or on behalf of Mr Kamran Malik which had all been dismissed by the courts as being 'truly hopeless'

A civil restraint order was issued prohibiting Mr Malik or his political party from taking legal action against decisions made by the council without the permission of a judge

School joins the best

St Bonaventure's School in Forest Gate has joined an elite network of schools

The school has become part of the Leading Edge Partnership Programme: a national network that shares good practice and learning

To be accepted St Bonaventure's had to demonstrate outstanding and innovative practice

It has joined 300 schools that have been graded by Ofsted inspectors as outstanding or good, and demonstrate excellent rates of progress and attainment

Green fingers make a difference

(Fourth right) Tommy Walsh with Sir Robin, residents, councillors and Groundwork staff

A community garden that has transformed the site of former derelict garages has officially opened by TV celebrity Tommy Walsh

Mayor Sir Robin Wales joined residents, councillors and TV builder Tommy Walsh to formally open the Dorset Road Community Garden in Forest Gate

More than 200 volunteers have been involved in creating the garden with the help of environmental regeneration charity Groundwork London

One of the aims of the project was to bring community members together to learn new skills and improve health outcomes

Sir Robin said: "Projects like this bring the people in our community together and make where we live a better place The fact that so many people have got involved is brilliant and down to a group of dedicated organisers and a lot of hard work "

The Gate library re-opens its doors

The Gate library will re-open on Monday 10 June with a new range of services

The refurbished building, located at 6-8 Woodgrange Road, E7, has improved its accessibility and layout

As well as traditional library services in bright modern facilities, there is a new customer service area where people can use easy self-service kiosks to carry out a range of council transactions

As part of the council's drive to provide securer ways for residents to make payments and to do business with the council, Docklands Local Service Centre (LSC) will close from Saturday 8 June Residents can carry out council transactions using self serve kiosks at the nearby North Woolwich Library on Pier Parade, E16, or access a range of council service online by visiting **my.newham.gov.uk**

Councillor Andrew Baikie, executive memeber for customer services, said "Newham is investing in its libraries We have listened to what residents want in their new libraries and the feedback received from customers who have visited so far has been excellent "

For more information on libraries visit **www.newham.gov.uk/libraries** or to find your nearest LSC visit **www.newham.gov.uk/lsc**

News

Face the music and dance

If you're a budding Fred Astaire or Ginger Rogers why not practise your quickstep and foxtrot at Newham Town Hall, E6

The next monthly tea dance for residents aged over 50 takes place on Thursday 20 June at the Town Hall on Barking Road, from 1.30-4.30pm.

The event is open to anyone, whatever their ability Entry is £3 per person which includes a free raffle and light refreshments

For more information call 020 3373 2879 or turn to page 24.

Residents take to the floor at the last tea dance

First phase of estate security consultation closes

Newham Council tenants and leaseholders living in high rise blocks have had their say about proposed changes to security arrangements.

Phase one of a consultation held earlier this year asked residents for their opinions on the current service and shared proposals for a centralised security and CCTV service, which the council believes offers an improved level of security in the most efficient and cost-effective way

Helpful feedback, including comments around estate security, are being addressed before a second stage of consultation begins

To view an updated list of frequently asked questions and answers arising from the consultation visit **www.newham.gov.uk/housingsecurity**

Showing the best of jobs success

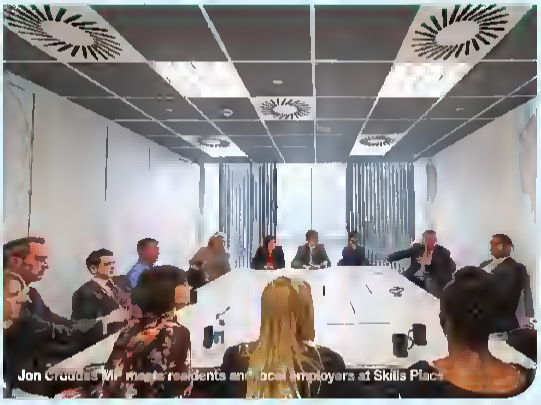
One of the country's leading politicians has become the latest visitor to see how jobs are being created in Newham

Jon Cruddas MP for Dagenham and Rainham and adviser to Leader of the Opposition Ed Miliband, was given a guided tour of Skills Place in Stratford to see the borough's success at getting people into work

He met candidates from Workplace, the council's innovative jobs brokerage scheme, and employers who shared how the scheme has helped them.

Mayor Sir Robin Wales said: "The jobs market is tough and employers need people with skills that are specific to their sector

"Workplace is a blueprint for getting people who want to work into employment It meets employers' needs and is proven to get local people into jobs."



Jon Cruddas MP meets residents and local employers at Skills Place

China's £1bn deal brings Royal Docks full circle

Life sometimes comes full circle and that is exactly what is happening with the Royal Docks

At their height, the docks employed 20,000 people and were a hub for trade with countries across the world. Soon they will return to life as a centre for 21st Century entrepreneurs.

Our announcement with Asian Business Port (ABP) of a £1bn state-of-the-art business district in the docks will create at least 20,000 jobs, forge new trade links with China and secure billions of pounds of inward investment.

With an abundance of land for development, world-class transport and digital infrastructure and a young, energetic workforce, the borough is ideally placed to accommodate much of London's eastwards growth in the 21st Century.

Newham has proven that we are committed to working with our partners and investors to unlock the extraordinary potential of the area. But development does not happen by accident. And regeneration means nothing if it does not transform the lives of local people.

Developments of this scale and nature in other boroughs have not delivered the community benefits that residents rightly deserve. We're not going to mirror their mistakes and have made it clear that any regeneration in Newham must benefit residents by way of jobs and training opportunities.

Newham will be working closely with ABP and their UK development partner, Stanhope, to ensure that as many of these jobs as possible are accessible to local residents. Our successful Workplace jobs brokerage scheme is ideally placed to ensure this happens.

Future generations of Newham residents already have a head start. At Kingsford Community School in Beckton they have the first Confucius Classroom in London where pupils learn Mandarin as a business language.

We have made a commitment to ABP that we will work hard to make this a reality; everyone involved wants to progress quickly.

The Royal Docks will once again increase the life chances of many of our residents. People hoping for better times talk about 'one day when my ship comes in'. Well, that day isn't far off.

(Back row) Secretary of state for communities and local government Eric Pickles MP, Chinese ambassador to the UK Liu Ming and Sir Robin Wales (front row) ABP board chairman Xu Weiping and Mayor of London Boris Johnson

Mayor's view

Fairness for all

The High Court has ruled that the Riverine Trust must stop using the Abbey Mills site as a temporary mosque and remove all buildings

Next to West Ham station, Abbey Mills has the potential to help transform the local area, bringing much needed jobs, homes and community space

Our vision has always been that this land must be redeveloped for the benefit of the whole community. A mixed use development could include a mosque, but not without additional benefits

Having owned the site for 17 years, the Riverine Trust has failed to redevelop it or even bring forward an acceptable plan for major redevelopment, other than for use as a mosque.

In 2011 the Trust offered to submit a valid planning application within 12 months. If they failed to do so, the Trust volunteered to stop using the site as a mosque and demolish all buildings on the site. A High Court has ruled that they must now honour the agreement that they themselves proposed

The Abbey Mills site was once a chemical factory, which is why it contains some of the most polluted land in Newham. The Trust will have to demolish the buildings carefully to protect the wider community

> "We owe it to all our residents to act fairly and be seen to act fairly."

We have now met the trustees to agree a reasonable timetable for them to comply with the Court's order. We are working with them to help them prepare a new planning application in line with the council's vision of a mixed use, major redevelopment to unlock the potential of Abbey Mills for all our residents

Some opportunists will try to use this issue to create division in our community. They will say this is about religion. None of this is about religion. Newham is a place of many beliefs religions and cultures, where people from many different backgrounds get on well together

We have been more than fair and reasonable with the Trust. We owe it to all our residents not just to act fairly but to be seen to act fairly. It is now time for the Trust to keep to their agreements

with Sir Robin Wales

THEATRE ROYAL STRATFORD EAST
and TEAM ANGELICA present

ANGELIC TALES

5 DAYS - 12 NEW PLAYS

NEW WRITING FESTIVAL

Join us for our third season of *Angelic Tales* featuring some of today's most outstanding new writers.

TONIGHT IS YOUR ANSWER
(Tue 11, 7pm) by Sarah Rutherford
US Election night 2008 Somewhere in an inner London village four middle-class mums with mixed race kids get together to root for the first black president Add in some 'yummy mummy' bonding and boozing and the result? A hilarious explosion of racial tensions and social embarrassments. A brilliantly insightful look at the new 'Beige Britain

Please note the running time including interval and post show conversation is 2 hours 15 minutes for this play

SUCKERTASH
(Wed 12, 7pm) by Marcus Yau
All hell breaks loose on a home shopping channel when the star salesman has an on screen meltdown A wickedly comedic look at old-style salesmanship versus the high-speed digital revolution

THREE
(Wed 12, 9pm) by Richard Crowest
A cosily married gay couple take in a bot young lodger – error? Error! Fasten your safety belts for a sexy slalom through a series of stumbles, fumbles and faux pas. Lions and cubs and bears oh my!

CHOSEN
(Thu 13, 7pm) by Simon Platman
A traditional Jewish couple get a surprise visit from one of their two disowned sons and their lives and hearts – are turned upside down and inside out Classic Jewish wit complexity and humanity in this beautiful tale of hot-blooded family passions

STITCHED UP
(Thu 13, 9pm) by Sarah Crook
Welcome to the only black run bridal boutique in East London where your dream dress comes with sequin dragons diamantes or feathers Eat your heart out Lady Gaga! At Stitched Up romance is a booming business – until the chief salesgirl gets jilted at the altar Outrageous glittering comedy

DAYTRIPPERS
(Fri 14, 7pm) by Daniel Brierley
A ruthless cockney con man targets a fresh-faced kid from the sticks – only to find his own life flipped on its head as he falls unexpectedly in love in this lively twisted urban romance

A GREAT NIGHT OUT!

DEMOLITION
(Fri 14, 9pm) by Lucy Beacon
A terrifically funny look at the 'Occupy' generation and the tricky marriage between committed super sincere radical revolutionaries and bandwagon-jumping trust fund babies playing at politics.

BRILLIANT SHARDS
(Sat 15, 7pm)
15 minute splinters of four wonderful sharply-written new plays to heal broken Britain. *Including Seas* by Kate Miller, *Stunted* by Joann Kang, *I'll Tell Ya* by Seray Mork and *Absent Father* by Mark Landow

PUSH
(Sat 15, 9pm) by Melody Bridges
A fast, funny refreshingly honest look at pregnancy, fertility and the reality of motherhood

TUE 11 - SAT 15 JUNE 2013

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Suitable for age 15+

Photos Robert Day

Historic dock development

New life is being breathed into the once thriving Royal Docks following the announcement of plans for a £1bn state-of-the-art business district expected to create 20,000 jobs.

The historic deal between Chinese commercial developer ABP will transform a 35-acre site at Royal Albert Dock. ABP see the area as a gateway for Chinese and other Asian businesses looking to establish headquarters in Europe.

The development, will forge new trade links between Britain and China and secure billions of pounds of inward investment.

Mayor Sir Robin Wales and Mayor of London Boris Johnson revealed details of the deal at City Hall with ABP's board chairman Xu Weiping.

When complete, the business district will have some of the best transport links in the capital, with direct access to central and west London via the new Crossrail route coming in 2018, as well as London City Airport.

The deal represents one of the first direct investments by a Chinese developer in London's property market. The development will be London's third largest business district, after the City and Canary Wharf, and boost local employment by up to 30 per cent. Initial projections estimate it will be worth £6bn to the UK economy, generating £23m in business rates and act as a catalyst for further development in the area.

Sir Robin said: "We welcome ABP's ambitious vision for the docks, which are already home to the University of East London, the Siemens Crystal and ExCeL.

"This proposal will bring further investment from abroad and unlock future development. It will also create benefits for local people by providing thousands of new jobs and further enhancing the waterfront."

Xu Weiping said: "I am delighted that ABP is coming to Newham and am committed to working with Sir Robin and Newham Council to ensure that the jobs created are accessible to local people."

The new business district will eventually be home to more than 3.2m square feet of high quality work, retail and leisure space, including 2.5m square-feet of prime office space, creating a vibrant 24/7 destination on London's waterways.

Celebrate summer

Thousands of you flocked to our free community forum spring festivals to enjoy a great day out and find out more about what's happening in your area. If you missed out, get ready to gear up for part two as we announce our line up of super summer festivals, coming to an open space near you.

Custom House and Canning Town Summer Festival

Saturday 22 June, 12noon-4pm
Canning Town Recreation Ground, Freemasons Road, E16

From fashion shows to face painters, there's something for everyone at this fabulous event, including

- **arts and crafts workshops**
- **performances by local artists and groups**
- **bouncy castles and children's soft play**
- **fairground stalls**
- **free raffle – win a luxury hamper**
- **henna body art**
- **dance and live music**
- **employment advice**
- **sports activities**
- **community information stalls.**

There's also free entrance to Outdoors in the City – an urban play area for kids and grown ups. Enjoy the thrill of abseiling and the zip wire and go for gold with archery. Try your hand at bushcraft or scale new heights on the climbing wall.

Win at the Custom House and Canning Town Summer Festival

Complete a questionnaire at the festival and you'll be entered into a prize draw for the chance to win a luxury hamper donated by London City Airport or a superb selection of plants from the Chelsea Flower Show, donated by Groundworks.

Here's what's coming up in your area

East Ham Summer Festival
Saturday 15 June, 12-4pm
Barking Road Recreation Ground, Barking Road, E6

Forest Gate Festival
Saturday 6 July, 12-6pm
Osborne Road, E7

Beckton Summer Festival
Saturday 20 July, 12-4pm
New Beckton Park
Savage Gardens, E6

Stratford and West Ham Summer Festival
Saturday 17 August, 12-4pm
Stratford Park, West Ham Lane, E15

Manor Park Summer Festival
Saturday 24 August, 12-4pm
Plashet Park, Plashet Grove, E6

Green Street Summer Festival
Saturday 31 August, 1-6pm
Plashet Park, Plashet Grove, E6

Royal Docks Summer Festival
Saturday 14 September, 12-4pm
Pier Road Open Space,
Pier Road, E16

Plaistow Summer Festival
Saturday 21 September, 12-4pm
Plaistow Park,
Greengate Street, E13

Summer festivals are organised by Active Community Teams (ACT), volunteers who work with councillors and council officers to organise and deliver local events.
To find out more visit www.newham.gov.uk/act

HIGH COURT ORDERS REMOVAL OF TEMPORARY MOSQUE FROM ABBEY MILLS

The High Court has ruled that the Riverine Trust must stop using Abbey Mills as a mosque and remove all buildings from the site.

Abbey Mills in West Ham has the potential to bring much needed jobs, homes and community space as a gateway to the wider area. It is a riverside location, larger than six international rugby pitches, next to West Ham station. The station itself is the second busiest in Newham, after Stratford, with more than six-million passengers entering or exiting every year.

Newham Council believes that any large developments should bring benefits for all our residents. An independent report has indicated that the Abbey Mills site could reasonably accommodate around 1,100 homes and approximately 15,000sqm of floor space for retail, office or community use, with the potential of generating up to 900 permanent jobs.

The Riverine Trust has owned the Abbey Mills site since 1997 and built a number of structures that do not have planning permission. As a former chemical works, the site contains some of the most polluted land in Newham.

In 2011 the Trust volunteered to submit a valid planning application for a mixed use scheme within 12 months. If they did not do so, the Trust offered to stop using the site as a mosque and remove all of the buildings on it. The High Court has decided that their failure to do so means they must now honour their agreement "forthwith"

The High Court judge said he had taken into account the impact of his decision on people worshipping at the mosque. However, in his view the Trust had not performed the obligation they freely entered into.

Cabinet member and local councillor, Clive Furness said: "Despite owning the land for 17 years, the Riverine Trust has failed to redevelop it or even bring forward a plan for major regeneration other than a mosque."

Since the judge's ruling, the council has met with the Trustees to understand their timetable to meet the Court order. It is the Trust's legal responsibility to stop using the site as a mosque and remove all buildings. The Trust also had an opportunity to set out their future plans for a mixed use development to bring jobs, homes and community space to Abbey Mills.

Working up a new business

Most residents consider Workplace, Newham Council's job brokerage service, to be their first port of call when looking for work. As well as employment and training, did you know that it can also help you set up your own business or enterprise?

Working with East London Small Business Centre (ELSBC), Workplace offers a range of support, including a four day business start up course, one-to-one advice and loans from the Start Up Loans Company. All you have to do is decide where your passion lies and have an achievable goal.

Someone who already made that decision is Lauren Drew from Forest Gate. Two years ago she approached ELSBC to get support with starting a business. She now runs her own graphic design and marketing company Fifi T.

Lauren signed up to a one-week introduction to self-employment and says: "I thought that it was fantastic, especially considering it is completely free. If you had to pay for something like that it would be quite a lot of money."

Lauren explained how ELSBC also gave her an advisor who was experienced and knowledgeable about her chosen industry. They helped her to create a business plan, which she presented to the ELSBC Board. Lauren's plan was successful. She was also given support to secure a five-year loan from the Start-Up Loans Company.

How did your business come about?

Two years ago I came back from travelling and found it really difficult to find employment. At Workplace an advisor suggested the ELSBC. Until I spoke to the advisor I didn't even realise that self-employment was a way to get off the dole.

ELSBC are really good. They offer things like short business courses and give you advice on what to expect before you get fully involved.

What support do you receive now?

If I have any problems my advisor is either at the end of the phone or I can meet him. That's what is so fantastic about the ELSBC. It's all completely free and they help you to really get

serious about your own business. Most importantly, whenever you need help they are there.

How did you come up with the idea for Fifi T?

The name is just made up, it's my first pet and my mother's maiden name, but shortened to Fifi T because it sounds better. There are two tiers to what I am doing. There's Fifi T Designs, where I offer branding, and marketing solutions for other companies and then I design my own clothes and accessories under Fifi T, which is going to be an online shop. I'm also selling my designs at Woodgrange Market and I'm going to be taking it to Camden Market as well, so I'm very busy.

Was it difficult setting up a business in these tough economic times?

Yeah, I'm not going to lie, but everyone is struggling. I was struggling just to find a job. My thinking is if you're going to have to struggle, why not get ahead yourself, or at least try to, because quite often people can rot on the dole queue.

This is a fantastic opportunity if you can get serious and if you've got the determination, you can get yourself out of poverty, off benefits, or even out of a job that you hate. Whatever your situation is, something like this can help you be independent and hopefully do something that you actually enjoy.

If you live in Newham and are looking for work visit **www.newhamworkplace.co.uk** or call Workplace on **020 8430 6600.**

To get support setting up your own business visit **http://goeast.org** or call the ELSBC on **020 7377 8821.**

If you are aged 18 to 30 you may be eligible for a start up loan from the Start-Up Loans Company. To find out more visit **www.startuploans.co.uk**

To find out more about Fifi T Designs visit **www.FifiTDesigns.com**

Show showcase

The cauntdawn to the Mayar's Newham Shaw has begun and we're gearing up to deliver twa superb days of free activities and entertainment at Central Park, E6, an Saturday 13 and Sunday 14 July. Whether yau want to discaver a new habby ar relax an the sand, from 12noon ta 6pm each day, there's all this and mare.

Seaside

If you like to be beside the seaside don't miss this splash hit

As well as a huge paddling pool with lifeguards, more than 30 tons of sand is being shipped into Central Park to bring all the fun of the seaside to East Ham

The area will feature games and competitions, and there are limited free buckets spades and beach balls

Get in a spin on the free helter skelter or bring your pocket money and pay for a ride on the carousel There'll also be free donkey rides and Punch and Judy shows throughout both days

Grab your camera and have a fun family photo using traditional seaside peep boards or grab a deck chair and chill out Check out expert sand sculptors, who will create a giant undersea wonderland and be inspired to have a go yourself

Hobbies and Crafts

Try your hand at an array of activities and discover a talent you never knew you had

Hobbies are a great way to fill spare time and could mean the beginning of a new business

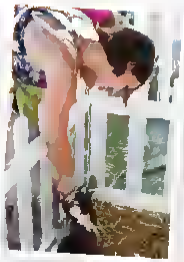
Hobbies at this year's show include:

- **bag designing**
- **jewellery making**
- **macramé (knotting)**
- **henna body art**
- **wall climbing**
- **quilt making.**

East London Model Railway Club will be inviting you to have a go at driving a model train or you can take part in workshops with other local groups

- **Enjoy cake decorating lessons with Adam the Pastry Guy.**
- **Create beautiful flowers and butterflies using Olympic material with Three Mills Craft Association.**
- **Put pen to paper with Newham Writers.**
- **Chill out with Newham Meditation Group and discover the power of positive thinking.**
- **Knit and Natter with the Forest Gate Women's Institute (WI) and find out more about the WI.**

The Newham Village Fete



Come along and enjoy a typically British summer at the Newham Village Fete.

Get up close to animals from Newham City Farm and meet a beautiful English Longhorn cow and her baby calf.

Newham's green-fingered growing groups will show you how easy it is to grow fruit, vegetables, plants and flowers. You can reap what the Folkestone Road Allotments group has sown and treat yourself to home grown plants and homemade trellis.

Find out more about uniformed organisations in Newham and sign up to join the Police Cadets, Girl Guides or Sea Cadets. Meet firefighters and police officers and take a look inside a fire engine or police car.

Enjoy all the fun of a traditional fair in the Village Fete. Knock a coconut off a shy, hook a duck or have a go at free hoopla to be in with a chance of winning a special prize.

Pack a picnic

The picnic benches make the perfect family pitstop so pack a picnic to enjoy at the show.

You can also treat yourself to some delicious cuisine including Thai, Brazilian, Caribbean or British. The Kitchen Table Cafe @Central Park will also be open throughout both days serving snacks, daily delicious specials and ice creams.

Best in Show

Showcase your baking skills and prove that you're simply the best in our superb cake bake off.

Prizes will be given each day for:

- **the best decorated cake (adults and under 16s)**
- **best tasting cake**
- **best jam**
- **best chutney.**

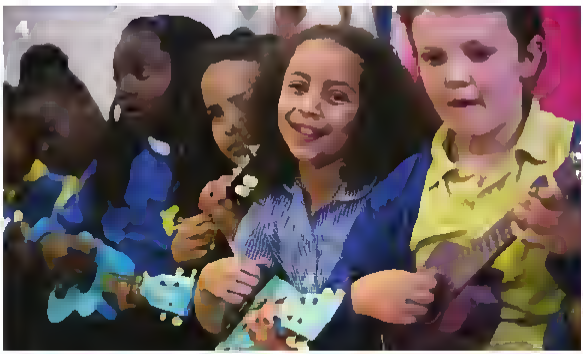
All entries must be submitted by 3pm on either 13 or 14 July. Winners will get a certificate and a great prize.

For more information or to register your interest email **competitions@newham.gov.uk**

Keep up with the countdown

To find out more about what's in store at this year's Mayor's Newham Show visit **www.newham.com/summer**

Newham in pictures



1 In the mood for dancing at the Stratford Spring Festival Tea Dance Old Town Hall E15 **2** Raising the roof Portway School Choir strikes a chord at the Stratford Spring Festival **3** A roaring success Residents enjoy a great day out at the Plaistow Spring Festival E13 **4** Musical magic at the Royal Docks Spring Festival, E16 **5** A drum roll marks the launch of the Dorset Road Community Garden E7

The language of **angels**

Theatre Royal Stratford East is known for its risk taking, cutting-edge drama and its season of Angelic Tales is no exception. The five-day festival of new plays by up and coming writers is taking place this month.

This year you can see a staggering 12 plays over five nights. It's a great chance to see powerful, compelling and hilarious stories by some of the country's most exciting new voices.

One of these is 26-year-old Sarah Crook, who debuts as a stage writer with her comedy Stitched Up.

The play is about a bridal boutique in Stratford where your dream dress comes with sequins and diamanté. Romance is a booming business, until the chief salesgirl gets jilted at the altar.

Sarah knows Stratford well. She says that she loves the way that it has developed whilst retaining its character. She can still find unique, niche stores alongside the high street chains. It is this mix that made her want to set her play there.

Sarah said, "Writing a play is something that I've always wanted to do. It's been really educational as a writer to see how things change, how they are interpreted and even the intonation that the actors give the lines.

"Sharing something for the first time can be quite nerve-wracking, but sharing with people who are so open, honest and helpful has been special. It's nice. It's like a family at Theatre Royal."

Stitched Up is showing at the theatre at 9pm on Thursday 13 June. Angelic Tales runs from Tuesday 11 to Saturday 15 June. There are different plays every night and five on Saturday. Tickets are £8 (£5 concs). Visit **www.stratfordeast.com** for more information or call **020 8534 0310**.

Playwright Sarah Crook

Win a festival pass for two

To be in with a chance of winning a festival pass for you and a guest to any of the Angelic Tales plays email **newham.mag@newham.gov.uk** with your name, address, and phone number or write to Newham Mag, Newham Dockside, 1000 Dockside Road, London, E16 2QU before 3pm on Monday 10 June. Mark your entry Angelic Tales. All performances are subject to advance booking.

Newham Mag survey

The Newham Mag is your magazine and we want to know what you think of it. Fill in this survey and tell us what you like, what you read and what you want to see more of. Reply by Friday 21 June 2013 and you will be entered into a prize draw where you could win an iPad.

The results of the survey are confidential. You will not be asked to give any confidential data. Any information you do provide will not be stored with any personal data.

Complete the survey online at www.newham.gov.uk/newhammag or return your completed survey to Freepost RTEJ-RLJT-ATAJ, Newham Mag, 4th Floor West Wing, London Borough of Newham, London E16 2QU. Terms and conditions apply. Visit www.newham.gov.uk/newhammag for more details.

1. Do you receive the Newham Mag, the free fortnightly magazine from the council? Please tick one box only.

Yes ☐ Go to Q2 **No** ☐ Go to Q11

2. To what extent, if at all, do you agree or disagree with the following statements about the Newham Mag? Please tick one box only for each statement.

	Strongly Agree	Agree	Disagree slightly	Strongly disagree	Don't know
The Newham Mag is interesting	☐	☐	☐	☐	☐
The Newham Mag is useful	☐	☐	☐	☐	☐
The Newham Mag is informative	☐	☐	☐	☐	☐
The Newham Mag tells me what I need to know about local issues	☐	☐	☐	☐	☐
The Newham Mag makes me feel good about Newham as a place to live	☐	☐	☐	☐	☐
The Newham Mag helps me get the best out of Newham as a place to live	☐	☐	☐	☐	☐
The Newham Mag is unbiased	☐	☐	☐	☐	☐
The Newham Mag appeals to people of all backgrounds	☐	☐	☐	☐	☐

3 Which parts of the Newham Mag do you enjoy reading? You can tick more than one box, if appropriate.

☐ Local community news ☐ What's on? (Future events) ☐ Mayor's pages
☐ Other (please specify) ☐ Features on council services ☐ None
☐ Kids' corner ☐ Don't know

Other, please state _____

4. Please indicate any other ragular features or information you would like to see in the Newham Mag. You can tick more than one box, if appropriata.

- ☐ Services the council provides
- ☐ How tha council is performing
- ☐ How Council Tax is spent
- ☐ Who my local councillor is and how to contact them
- ☐ Policing, tackling crime and community safety
- ☐ How I can influance decisions about my local area
- ☐ Sport and leisure
- ☐ Arts and culture
- ☐ How to complain about a service
- ☐ Parks and open spaces
- ☐ Competitions
- ☐ True stories
- ☐ Council housing
- ☐ Walks
- ☐ Plans for regeneration in Newham
- ☐ Money saving tips
- ☐ Rubbish collections
- ☐ Voluntary groups and organisations
- ☐ How to recycle and reduce carbon emissions
- ☐ Street cleaning and removal of graffiti
- ☐ Activities for older people
- ☐ Local businesses
- ☐ Activities for young people
- ☐ Other (please specify)
- ☐ None of the above

Other, please state _____

5. How would you rate the following aspects of the magazine? Please tick one box only for each aspect.

	Very good	Good	Poor	Very poor	Don't know
Design/visual appearance	☐	☐	☐	☐	☐
Style	☐	☐	☐	☐	☐
Use of plain English	☐	☐	☐	☐	☐
Layout	☐	☐	☐	☐	☐
Font/typeface e.g. size and style	☐	☐	☐	☐	☐
Length of articles	☐	☐	☐	☐	☐
Number of pictures/photos	☐	☐	☐	☐	☐

6. To what extent do you agree or disagree with the following statements about the design and format of the Newham Mag? Please tick one box only for each statement.

	Strongly Agree	Agree	Disagree slightly	Strongly disagree	Don't know
The design is bright and engaging	☐	☐	☐	☐	☐
It's easy to read and to find information of interest	☐	☐	☐	☐	☐
It's well laid out and I can find information easily	☐	☐	☐	☐	☐
The magazine content is clear and easy to understand	☐	☐	☐	☐	☐

7. How easy do you find tha articles in the Newham Mag to read? Please tick one box only.

- ☐ Very easy
- ☐ Quite easy
- ☐ Hard
- ☐ Very hard

8. Do you read the Newham Mag online? Please tick one box only.

- ☐ Yes — Go to Q10
- ☐ No — Go to Q9

9. You said that you don't read the Newham Mag online. Why is that? Please tick one box only.

- ☐ I don't have access to the internet
- ☐ I prefer to read a paper copy
- ☐ I wasn't aware it was available online
- ☐ Other (please specify)

Other, please state _____

10. How informed does the Newham Mag make you feel about the services provided by the council? Please tick one box only.

- ☐ Very well
- ☐ Quite well
- ☐ Not very well
- ☐ Not at all well

11. Finally, overall, how satisfied or dissatisfied are you with the Newham Mag? Please tick one box only.

- ☐ Very satisfied
- ☐ Satisfied
- ☐ Neither satisfied nor dissatisfied
- ☐ Dissatisfied
- ☐ Very dissatisfied

Demographic monitoring

Newham Council is committed to eliminating discrimination and promoting equal opportunities. We want to improve our services and ensure they are available to all members of our community. The data from this form will help us achieve this aim. We will also use this data to report on the needs of different groups of people. The information you provide on this form will remain confidential and only be used for monitoring.

12. Are you? Please tick one box only.

☐ Male ☐ Female ☐ Prefer not to say

13. Is your gender identity the same gender you were assigned at birth? Please tick one box only.

☐ Yes ☐ No ☐ Prefer not to say

14. What age group are you in? Please tick one box only.

☐ Under 18 ☐ 18-24 ☐ 25-34 ☐ 35-44 ☐ 45-64
☐ 65-74 ☐ 75-84 ☐ 85+ ☐ Prefer not to say

15. Do you consider yourself to be a disabled person?

The Disability Discrimination Act 1995 defines disability as "a physical or mental impairment, which has a substantial and long-term adverse effect on your ability to carry out normal day-to-day activities". This includes people with physical impairments, visual impairments, hearing impairments, deaf British Sign Language (BSL) users, people with learning difficulties including people with specific learning difficulties like dyslexia, people with mental health needs and people living with a health condition, eg HIV, multiple sclerosis, cancer.

Yes ☐ Go to Q16 No ☐ Go to Q17
Prefer not to say ☐ Go to Q17

16. It helps us to know whether we are reaching all disabled people. Can you please select the relevant impairment (disability) group below? You can tick more than one box, if appropriate.

☐ Physical impairment
☐ Hearing impairment
☐ Learning difficulties
☐ Mental illness
☐ Mobility impairment
☐ Visual impairment
☐ Deaf BSL user
☐ Blind
☐ A health condition eg HIV, multiple sclerosis or cancer
☐ Other, please state
☐ Prefer not to say

Other, please state _____

17. How would you describe your ethnic origin? Please tick one box only.

☐ White – British ☐ White – Irish ☐ White – Polish
☐ White – Lithuanian ☐ White – Romanian ☐ White – Other Eastern European (specify)
☐ White – Any other white background (specify)
☐ Mixed – White and Black Caribbean ☐ Mixed – White and Black African
☐ Mixed – White and Asian ☐ Mixed – Any other mixed background (specify)
☐ Asian – British ☐ Asian – Indian ☐ Asian – Pakistani
☐ Asian – Bangladeshi ☐ Asian – Sri Lankan Tamil
☐ Asian – Any other Asian background (specify)
☐ Black – British ☐ Black – African ☐ Black – Caribbean
☐ Black – Nigerian ☐ Black – Somali ☐ Black – Ghanaian
☐ Black – Any other Black background (specify)
☐ Chinese – British ☐ Chinese – Chinese ☐ Chinese – Other (specify)
☐ Other ethnic group – Irish Traveller
☐ Other ethnic group – Roma Gypsy / Traveller
☐ Other ethnic group – Other (specify)
☐ Prefer not to say

Other, please state. _____

18. How would you describe your religion or beliefs? Please tick one box only.

☐ Buddhist ☐ Muslim ☐ Agnostic ☐ Christian
☐ Sikh ☐ None ☐ Hindu ☐ Paganism
☐ Any other religion or belief ☐ Jewish ☐ Atheist
☐ Prefer not to say

Other, please state _____

19. How would you describe your sexual orientation? Please tick one box only.

☐ Lesbian ☐ Bisexual ☐ Other, please state
☐ Gay man ☐ Heterosexual ☐ Prefer not to say

Other, please state _____

Would you like to be entered into the prize draw to win an iPad? Please tick one box only.

Yes ☐ No ☐

If you wish to enter the free prize draw, please write your name and postal address / email address and a daytime contact telephone number in the space below. Return this form to the address on page 19.

_____

_____

_____

A food and football revolution

International football star Jermain Defoe swapped the pitch for a pinny when he visited Jamie's Ministry of Food Stratford at East Ham Leisure Centre, E6, to mark Food Revolution Day.

The acclaimed England, Tottenham Hotspur and former West Ham United striker was joined by children from Rokeby School, E16, Nelson Primary, E6, Brampton Manor, E6, Carpenters Primary, E15, Manor Primary, E15, and the Shipman Youth Zone, E16, and Councillor Richard Crawford.

The young people joined Jermain to work up an appetite on the pitch before tucking in to a cooking masterclass.

Griddling chicken for his fajitas, Jermain said: "I'm a local boy and coming back here is really special for me. A lot of my family still live in east London and Newham. It's my roots and you can never forget that."

Jermain has fond memories of playing five-a-side on the pitches at Newham Leisure Centre, but it was going to St Bonaventure's school, in Forest Gate, that defined who he is today.

> "Not many realise that what you eat is as important as playing"

Jermain praises his maths teacher Mr Barrett for helping him keep a focus on his schoolwork, and cites Mr Lee and Mr Skelton for picking him for the school team and kick starting his football career.

Jermain made his professional debut for the Hammers when he was 17. He said: "I remember it like it was yesterday. The match was against Walsall in the Worthington Cup.

"Towards the end of the game it was still nil-nil, and with five minutes to go manager Harry Redknapp said: 'You're going on, get warmed up.' I was a bit nervous, so my first touch was a pass back. Then on my second touch I just hit a shot on the volley with my left foot. It went in and we won the game one nil. It was unbelievable."

Jermain's family love to cook so when he met Jamie Oliver, supporting his campaign for a healthier diet was something he was keen to get his teeth into. He said: "I meet a lot of kids and they say, 'I want to be an athlete or a footballer.' But I think not many realise that what you eat is as important as playing. Something as simple as making sure you've got a lot of different colours on your plate is really important to help understand what to eat."

Jamie Oliver's Ministry of Food Stratford will be at the Mayor's Newham Show, for full details turn to p14 or visit www.newham.com/summer

Make chicken fajitas like Jermain Defoe
Serves 2

Ingredients

1 red pepper
1 red onion
1 skinless boneless chicken breast
1 tsp smoked paprika
2 limes
olive oil
a pinch of salt, black pepper and cumin
2 large, flour tortillas
150ml low-fat yoghurt
50g cheddar cheese

Equipment

Griddle pan
Tongs
Microwave/frying pan

Instructions

1 Put the griddle pan on a high heat
2 Deseed the pepper and cut into thin strips Peel halve, and finely slice your onion Slice the chicken lengthways into long strips
3 Put the peppers, onion and chicken into a bowl with the paprika and cumin Squeeze over juice of half a lime drizzle some olive oil season with salt and pepper and mix well Place to one side to marinate for five minutes
4 Using a pair of tongs place the pepper, onion and chicken into the griddle pan Cook for six to eight-minutes until the chicken is golden Turn regularly to avoid burning
5 Warm your tortillas up in a microwave or on a warm, dry frying pan Once heated, place on individual plates
6 Squeeze the remaining lime over the chicken while in the griddle pan
7 Divide the chicken mixture between the two tortillas, sprinkle over the cheddar and wrap each tortilla
8 Serve with salsa, guacamole and yoghurt and enjoy

Visit **www.newham.gov.uk/jermaindefoe** for the long version of this article which includes how to make guacamole and salsa to complement this dish

JOIN US FOR OUR
SUMMER OPEN DAY
SAT 15TH JUNE 2013 FROM 11AM – 3PM
STRATFORD CAMPUS, WELFARE RD, LONDON E15 4HT
ACTIVITIES ON THE DAY INCLUDE:
SUPPORT SESSIONS:
• HELP WITH FEES
• FREE COURSES STARTING IN SEPTEMBER '13
• TOUR THE COLLEGE AND CHECK OUT OUR OUTSTANDING FACILITIES
EVENTS:
• ZUMBA
• CUSTOMISING CLOTHING SUCH AS CAPS / T-SHIRTS
• BBQ
• BOUNCY CASTLE
• LIVE PERFORMANCES AND DJS
• RAFFLE – IPAD AND WESTFIELD VOUCHERS*
FINDING OUT MORE
020 8257 4446
Text NM13F to 07624 805 233
externalenquiries@newham.ac.uk
www.newham.ac.uk
'Newham College'
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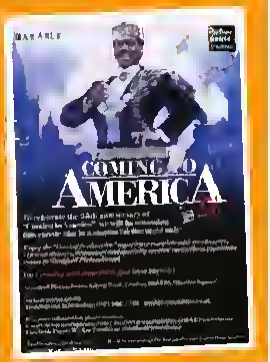
London E15 4HT
scan me to register
NEWHAM COLLEGE LONDON
BELIEVE IT, ACHIEVE IT!
* Subject to availability

Newham London
Inter-Generational
Tea Dance
Put an your dancing shoes and join our tea dance programme for over 50's with entertainment and participation of young people.
Date: Thursday 20 June 2013
Time: 1.30 – 4.30pm
Venue: Town Hall, East Ham, E6
Cost. £3 per person, which includes a free raffle and light refreshments
For more information please call: 020 3373 2879
or visit www.newham.gov.uk/party
The Renewal Programme

thenewhammag
To advertise here call Julie Madell
on 07890 529 090 or email
julie.madell@newham.gov.uk

Exclusive Father's Day competitions

Win tickets to Coming to America's 25th anniversary show



Do you remember 1988? A year when curly perms were big, and Michael Jackson was Bad. It was also the year that Eddie Murphy starred in *Coming to America* - a film about an African prince who visits the USA to find true love.

On Thursday 20 June at 7pm, for one night only, We Are Parable and Stratford Picture House will be showing *Coming to America* at the cinema in Theatre Square, E15. To mark the screening there will be traditional African drumming, dance performances and a market stall.

To be in with the chance of winning two VIP tickets (best seats and a free themed cocktail) answer this question:

In which of these films did Eddie Murphy play a donkey?

1. Trading Places
2. Shrek
3. Beverly Hills Cop

Standard tickets cost £6.50. Visit **www.picturehouses.co.uk** to book.

Win £50 to spend in Waitrose or John Lewis

When the British summer is at its best, there is no better way to celebrate Father's Day than by getting the family together for a picnic. And where better to get your fresh ingredients than Waitrose?

To be in with a chance of winning a £50 shopping voucher (which can also be used in John Lewis) answer the following question:

What do you traditionally carry a picnic in?

1. Your pocket
2. A hamper
3. A shopping trolley.

Win a Father's Day lunch at Theatre Royal

You could win a Father's Day meal and drinks (house wine or soft drinks) for up to two adults and two children at the Theatre Royal Bar, Gerry Raffles Square, E15, on Sunday 16 June.

Theatre Royal Stratford East is hosting a free Father's Day event from 1-6pm. The celebration will include live music, face painting and more. If the weather is good there will be a BBQ outside as well as the delicious bar food inside.

To be in with a chance of winning the free lunch answer this question:

What gives barbecued food its unique taste?

1. Ice cream
2. Smoke
3. Chocolate sauce

How to enter

To enter any of the above competitions email the name of the competition, your answer, your name, address and phone number to **newham.mag@newham.gov.uk** or write to Newham Mag, 1000 Dockside Road, London, E16 2QU. All competitions close at 12noon on Thursday 13 June. Each competition should be entered seperately.

Turn up and tune in

Learn how to make sweet music with Newham's ukulele orchestra, who are offering free lessons to residents aged over 50

The instrument made popular by George Formby is enjoying a retro revival. Newham's ukulele orchestra is suitable for anyone with a passion for music, no previous experience is needed.

Classes take place at the Hathaway Centre, Hathaway Crescent, E12, and start with a drop in and have a go session on 19 June a limited number of ukuleles are available if you don't have one of your own. Regular classes take place every Wednesday thereafter from 2-3.30pm

Places are limited. To book your place email **newhamukes@gmail.com** or call **020 8548 4980.**

Are you in the mood for dancing?

Get on your dancing shoes, dust off your sequined frock and get down to the Beckton Community Centre to boogie your afternoon away

A free spring tea dance is taking place on Wednesday 12 June, from 3-6.30pm

Open to anyone aged over 18, the event will feature ballroom, Latin and other dance styles to get your toes tapping

Live music will be supplied by the Evergreens so if you like to waltz or tango make sure you quickstep your way to Beckton Community Centre, Main Hall, East Ham Manor Way, E6

For more information call **020 7476 4080.**

Free fitness sessions for male carers

Newham Carers' Network is holding free fitness sessions for male carers. They will arrange a personal fitness assessment and health MOT for you so that you can attend the sessions. You will also get a personalised fitness plan to help you train on your own if you can't make the sessions with a qualified instructor.

To sign up call the carers health support project on **020 8519 0811.**

National Carers' Week runs from 9 to 16 June. Events are taking place throughout Newham to give carers support and advice on a range of issues. Visit **www.newham.gov.u/carersweek** to find out more or see page 34

Seeing the sights of Newham

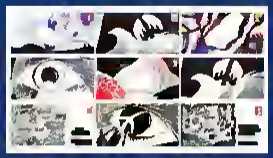
Children from Essex Primary School, E12, recently got to be tourists in their own borough when they took a bus tour around Newham.

They learned key skills such as map reading and got to see the Thames Barrier, Royal Albert Dock, the Emirates Air Line, the Champions football sculpture and West Ham United's Boleyn Ground.

Even though many of the children had lived in Newham their whole lives, they were surprised by how much there was to see

Schools interested in taking a tour of Newham should call Jean Jeffrey on **020 3373 0421** or **07791 376 535** for more information or email **Jean.Jeffrey@newham.gov.uk**

Mail art makes a comeback



Kevin and James Gillen, a father and son from Stratford, are making a splash on Facebook by publishing their works of art online and are asking you to join in.

The duo are encouraging residents to create their own works of art on envelopes and postcards and send them on to friends and family, and ask them to do the same.

You can also showcase your artwork by scanning in your designs and emailing them to **jamesbgillen@yahoo.com**. The best examples will be exhibited on their facebook gallery. To find out more go to facebook, search for mail art and look for their logo.

Mail Art

Community clean up call

Hard working residents got together to spring clean their area.

People living in and around Abbey Road, E15, including Councillor Richard Crawford, executive member for community affairs, rolled up their sleeves and worked up a sweat collecting bags of rubbish and dumped tyres.

The clean up, supported by Newham Council, CleanUp UK and Play, Sow and Grow, proved so popular that residents are coming together again to spruce up another area.

In the coming weeks, the group will identify which spot to tackle next. If you'd like to get involved come to Play, Sow and Grow, Gay Road, E15, on Saturday 15 June, at 10am. The group is also looking for volunteers to become gardening champions and help build a children's play and gardening area at Play, Sow, and Grow.

Email **emma.harrington@cleanupuk.org.uk** or call Emma on **07950 345 639** for more information.

A village fete in Forest Gate

If you like craft and cup cakes you'll love the Forest Gate Fete.

On Sunday 15 June, from 12noon-4pm the Forest Gate Women's Institute will be selling fresh homemade cakes and crafts at their table top sale at the Methodist Church Hall Woodgrange High Road, E7.

Entry is free and all are welcome. Visit **http://forestgatewi.wordpress.com**

Mid-summer celebrations

At midday on mid-summer's day Age UK with Newham Older People's Reference Group will be holding a special celebration event for residents aged over 50.

On Friday 21 June from 12noon-4.30pm residents are invited to get together, enjoy free refreshments and entertainment at St Mark's Community Centre, Tollgate Road, E6. For more information email **chloelyons@ageukhackney.org.uk** or call **020 7241 5902**.

Newham London

THE IDEAS OLYMPIAD 2013

The Ideas Olympiad returns this year with another **free** series of events.

A conversation with David Gold, co-chairman of West Ham United Football Club
Tuesday 18 June, 6.30-8pm

David Gold will talk about his journey from growing up in the East End to becoming co-chairman of West Ham United Football Club
Venue: Stratford Circus, Theatre Square E15

The Power of Dreams
Thursday 27 June, 6.30-8pm

Maggie Aderin-Pocock MBE – British Space Scientist will talk about how she turned her childhood dreams of being a space scientist into reality Arrive early at this event to visit the world's largest exhibition dedicated to sustainable urban development.
Venue: The Crystal, One Siemens Brothers Way
Royal Victoria Docks E16

Demand for these events is very high so get your tickets now!

To book your **free** tickets visit: **www.newham.gov.uk/IdeasOlympiad**

newhamlondon **newhamevents**

A BSL interpreter will be at all event

Newham London

London Borough of Newham

Members' allowances – Publication of allowances paid to members and co-opted members in the 2012/2013 financial year

As part of the legislation that sets out the arrangements for the payment of allowances, details of amounts paid to each Member of the Council and each Co-opted Member of a Committee must be published within the local authority's area. This notice sets out the relevant information for the 2012/2013 financial year.

During the 2012/2013 financial year, the Council operated the following allowance scheme:

Basic Allowance per Councillor: £10,829 per annum

Mayor's Allowance: £81,029 per annum

Deputy Mayor's Allowance: £4,000 per annum (pro rata)

Special Responsibility Allowances (in addition to the basic allowance) for posts with different levels of responsibility attached to them:

Band	SRA £
1A	3,621
1B	5,176
2A	7,762
2B	10,347
3A	14,488
3B	18,624
4A	22,765
4B	26,901
4C	31,042

Special Responsibility Allowances (in addition to any other allowance) for Members appointed to represent the Council on the following Bodies (this allowance to cease if that Body establishes a scheme of its own):

External Body	SRA £
East London Waste Authority	1,035
Association Public Service Excellence	1,035

Annual Allowances for non-elected Co-opted/Independent members serving on the following:

Committee/Sub-committee/Commission	Annual Allowance £
Overview and Scrutiny Committee	497
Scrutiny Commissions	497
Chair of Standards Advisory Committee	1200
Standards Advisory Committee	800

Childcare/dependants allowance – £7.27 per hour up to 10 pm and £9.70 per hour after 10 pm irrespective of the number of people cared for.

Travelling Allowances – The reimbursement of actual travel costs incurred whilst undertaking duties outside Newham

Subsistence Allowances – The reimbursement of actual subsistence costs incurred whilst undertaking duties outside Newham. This allowance is limited to a maximum daily rate of £28.99 for meals and a maximum overnight rate of £116.15 for accommodation

The Council is required to publish details of the payments made to each Member of the Council and each Co-opted Member of a Committee in respect of the following allowances

- Basic Allowance
- Special Responsibility Allowance
- Travelling Allowance
- Subsistence Allowance
- Dependants' Carers' Allowance
- Co-optees' Allowance

Details of the amounts paid to each Member in the 2012/2013 financial year are set out in two Schedules. The amounts shown are before the deduction of Tax and National Insurance. Schedule 1 details the payments made to each elected Member under the scheme. Schedule 2 details payments made to Co-opted Members.

Kim Bromley-Derry
Chief Executive
May 2013

SCHEDULE 1 – Current Members of the Council serving from 1 April 2012 to 31 March 2013

Initials	Name	Basic Allowance £	Special Responsibility Allowance £	Travelling Allowance £	Subsistence Allowance £	Dependants' Carers' Allowance £
RA	WALES (Mayor)	0	81,029	0	0	0
S	AHMAD	10,734	0	0	0	0
J	ALEXANDER	10,734	4,112	0	0	0
AR	BAIKIE	10,734	31,042	0	0	0
F	BOURNE	10,734	5,981	0	0	0
S	BRAYSHAW	10,734	5,176	0	0	0
PM	BRICKELL	10,734	0	0	0	0
L	CAMERON	10,734	0	0	0	0
NK	CHADHA	10,734	0	0	0	0
AA	CHAUDHARY	10,734	0	0	0	0
A	CHOWDHURY	10,734	5,176	0	0	0
D	CHRISTIE	10,734	4,112	0	0	0
B	COLLIER	10,734	0	0	0	0
MS	COLLIER	10,734	0	0	0	0
IK	CORBETT	10,734	32,077	0	0	0
JH	CORBETT	10,734	1,869	0	0	0
RJ	CRAWFORD	10,734	32,077	0	0	0
U	DESAI	10,734	31,042	0	0	0
C	FIBERESIMA	10,734	0	0	0	0
CW	FURNESS	10,734	30,294	0	0	0
O	GANGADHARAN	10,734	0	0	0	0
J	GRAY	10,734	3,621	0	0	0
A	GRIFFITHS	10,734	0	0	0	0
PM	HOLLAND	10,734	0	0	0	0
LT	HUDSON	10,734	34,794	0	0	0
F	HUSSAIN	10,734	5,176	0	0	0
KJ	JENKINS	10,734	0	0	0	0
KR	KAZI	10,734	0	0	0	0
A	KELLAWAY	10,734	26,901	0	0	0
JH	LAGUDA	10,734	3,794	0	0	0
S	MAHMOOD	10,734	0	0	0	0
RN	MANLEY	10,734	14,488	0	0	0
AB	MCALMONT	10,734	14,488	0	0	0
C	MCAULEY	10,734	31,042	0	0	0

SCHEDULE 1 – Current Members of the Council serving from 1 April 2012 to 31 March 2013 *(continued)*

Initials	Name	Basic Allowance £	Special Responsibility Allowance £	Travelling Allowance £	Subsistence Allowance £	Dependants' Carers' Allowance £
C	MCLEAN	10,734	0	0	0	0
RA	MIRZA	10,734	17,877	0	0	0
P	MURPHY	10,734	0	0	0	0
F	NAZEER	10,734	0	0	0	0
FA	NEKIWALA	10,734	0	0	0	0
M	NICHOLAS	10,734	0	0	0	0
M	PATEL	10,734	0	0	0	0
S	PATEL	10,734	0	0	0	0
T	PAUL	10,734	12,463	0	0	0
C	PEARSON	10,734	0	0	0	0
Q	PEPPIATT	10,734	18,624	0	0	0
R	RAHMAN	10,734	5,176	0	0	0
E	ROBINSON	10,734	12,463	0	0	0
P	SATHIANESAN	10,734	0	0	0	0
PW	SCHAFER	10,734	10,347	0	0	0
K	SCORESBY	10,734	17,877	0	0	0
L	SHAH	10,734	5,176	0	0	0
PJ	SHILLINGFORD	10,734	0	0	0	0
A	SINGH	10,734	10,347	0	0	0
MM	SKYERS	10,734	0	0	0	0
EH	SPARROWHAWK	10,734	22,765	0	0	0
R	TALATI	10,734	0	0	0	0
A	TAYLOR	10,734	0	0	0	0
S	THOMAS	10,734	0	0	0	0
WT	VAUGHAN	10,734	14,488	0	0	0
H	VIRDEE	10,734	0	0	0	0
NJ	WILSON	10,734	14,488	0	0	0

Notes

1. All Members who are provided with a computer at home to support their work as a Councillor and use the computer for personal use are required to make a payment of £60 per year. This contribution is taken from the basic allowance (Column 3) before payment of the basic allowance is made

2. All Members are required to pay fees (£35 per annum) to the Data Controller in respect of Data Protection Registration. This contribution is taken from the basic allowance (Column 3) before payment of the basic allowance is paid

3. The SRA (Column 4) paid to Councillor Hudson included an additional pro rata payment of £4,000 in recognition of being appointed as Deputy Mayor

4. The SRA (Column 4) paid to Councillor I Corbett and Councillor Crawford included an additional payment permitted under the allowance scheme as the Council's representatives on the East London Waste Authority

SCHEDULE 2 – Co-opted Members serving from 1 April 2012 to 31 March 2013 or part thereof

Initial	Surname	Basic Pay £
E	Kemp	414
S	Wilson	994
R	Glazzard	800
L	Goddard	800
A	Hussain	800
T	Robinson	800
J	Van Bussel	800

Kids' Corner

PLEASE SEND YOUR DRAWINGS, JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
OR EMAIL THEM TO
newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime contact telephone number on the back of your entry

GALLERY

Shivaabairavi Srithran, 7

Sriyon Das, 8

Farha Najeeb, 6

Jeimin Alam, 6

Win free membership at Stratford Picturehouse

This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU** Don't forget to write your full name, age address and daytime contact telephone number on the back of your entry **Good luck!** Visit www.picturehouses.co.uk to see what's on

Colour-me-in Wordfit

3 letters
CUE
EYE
OAK
SKY
SPY
TAP

4 letters
ANTE
ATOM
DODO
EMMA
EVER
INTO
IRON
LINE
LOAD
NAVY
PAIN
SOAP
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Joke

What's the perfect pet for a spy?
A spider!

Anika George, 10

WHAT'S ON?

FIVE PAGES OF ACTIVITIES MOSTLY FREE, ALL FUN!

To view hundreds of events, or to add your own, log on to **www.newham.gov.uk/whatson**

7 – 21 JUNE

OUR THRILLING THREE...

1. **Stage Studio** – are you aged 11-16? Want to learn how to sing or act? Try theatre school at Theatre Royal E15 Sundays 12.30-3pm First session free, but places are limited Visit **www.stagestudio.co.uk**

2. **Exhibition and book signing** – on the Monday 17 June from 5.30-7.30pm Steve Lewis will be signing copies of his books at his exhibition of East End photos from the 1960s at Stratford Library, The Grove, E15 Email **archivesiocalstudies@newham.gov.uk**

3. **Love Tennis Academy Open Day** – Saturday 15 June 12noon-3pm, Canning Town Rec E16 Free for Newham residents Love Tennis will also be at the Custom House and Canning Town Summer Festival see p10 Email **lovetennisacademy@gmail.com**

MENTION THE MAG...

Gimme Gimme Gimme a ticket to the fantastic ABBA show at Stratford Circus, Theatre Square, E15, on Friday 26 June, 7.30pm

Forty years ago ABBA were top of the pops with hits like, Voulez Vous, Waterloo, and Dancing Queen. Their music has influenced generations and even formed the basis of the stage and screen hit Mamma Mia.

Fifty reduced price tickets are available for the show on a first come, first served basis Just mention the Newham Mag when you book to get the £18 tickets for £15 – subject to availability To book call 0844 357 2625 or visit **www.stratford-circus.com** and use the promo code NEWHAMMAG

TRY SOMETHING NEW... CARERS' WEEK

Newham cares about its carers Carers' Week is 10-16 June and highlights include:

- Carers tea in the park, Tuesday 11 June, 11am-4pm Find out about support available over light refreshments at Café in the Park, Central Park, E6
- Newham Carers' Network health event, Wednesday 12 June, 10.30am-2.30pm Give yourself some 'me' time with pilates, tai chi tasters, mini massages and reflexology. The Ascension Community Trust, Baxter Road, E16. To book call 020 8519 0800
- Carers' Zone at the East Ham Summer Festival, Saturday 15 June, 12noon-4pm Drop in for information and advice. Barking Road Recreation Ground, Barking Road, E6.

www.newham.gov.uk/carersweek

Indicates free sessions

ARTS AND ENTERTAINMENT

Comedy Night
Entertainment every Mon, 8pm Theatre Royal, Stratford East, Gerry Raffles Square, E15 Visit www.stratfordeast.com/comedy-night

Mini Musical Makers
Free music and story building sessions for 2-5 years
Wed afternoons Discover Story Centre, 383-387 High Street E15 Call 020 8536 5555
Mon mornings, The Hartley Centre, 267 Barking Road, E6 Call 020 7540 6923
Free entry to Discover Children's Story Centre when you attend.
Free music therapy sessions for 2-5 years
Thurs, 3-4pm at Shrewsbury Children's Centre, Shrewsbury Road, E12 Call 020 3373 6050
Fri, 2.15-3.15pm or 3.45-4.45pm, Susan Lawrence Children's Centre Lawrence Avenue, E12 Booking is essential Call 020 3373 7227

COMMUNITY LEARNING

Do it Online
Basic computer sessions All sessions take place at local libraries You must book in advance
Tues 10am-12noon, Beckton
Tues 2-4pm Plaistow
Wed 2-4pm, Stratford
Thurs 10am-12noon Canning Town, Forest Gate and Manor Park
Fri, 2-4pm, East Ham

Knit & Natter
Craft group for adults, at local libraries
Fri, 10am-12noon, Canning Town

Wed 10am-12noon Beckton

Basic Numeracy (19+)
Mon Thurs, 10am-5pm and Fri, 10am-1pm, Jack Cornwell Community Centre, Jack Cornwell Street, E12 Call 07943 887 612/ 07507 173 272

Writing for Fun
Sessions take place at local libraries Free ten-week creative writing course for 16+ at your local library Mon 6-8pm and Fri, 1-3pm, Stratford

Reading for Pleasure
Sessions take place at local libraries Free ten-week course open to all Sun, 2 4pm Stratford

UNDER-FIVES LIBRARY ACTIVITIES

Open to under-fives with their parents/carers. All sessions take place at local libraries

Imaginative Play
Fri, 11am 12noon, East Ham

Interactive storytelling
In partnership with Altmore Children's Centre
Fri 10 11 30am East Ham

Storytelling
Sessions are run working in partnership with Maryland Children's Centre, Plaistow Children's Centre and Kay Rowe Children's Centre
Mon 11am-12noon, Plaistow, Canning Town and Beckton Globe
Tues, 11am 12noon, Custom House
Tues, 11am 12noon, Forest Gate
Tues and Fri 11am 12noon Stratford
Weds, 2-3pm East Ham
Thurs 2 3pm, North Woolwich
Thurs, 2-3pm Plaistow
Fri 11am 12noon Green Street and Manor Park

Toy Library
Tues and Thurs, 10am-12noon, East Ham

YOUNG PEOPLE'S LIBRARY ACTIVITIES

All sessions take place at local libraries

Homework Club
For young people aged seven to 14 School term only
Mon, 4-6pm, Stratford and East Ham
Mon, 3 30-5 30pm, North Woolwich
Weds 3 30 5 30pm Green Street and Manor Park
Thurs, 4-6pm Custom House, Forest Gate and Plaistow
Fri, 3 30 5 30pm, Beckton and Canning Town

ADULT LIBRARY ACTIVITIES

All sessions take place at local libraries

Adult Reading Groups
Mon 10 June, 6 30-7 30pm, Stratford. This month The Great Gatsby by F Scott Fitzgerald
Mon 17 June 6 30 7 30pm East Ham Book to be confirmed

Over-50s Club
Thurs 10am 12noon, Beckton Globe

GENERAL LIBRARY ACTIVITIES

Chess Club
Learn and play chess for free at your local library
Thurs, 5 30-7 30pm, Stratford

EXTRA ACTIVITIES

Royal Docks Learning & Activity Centre
Mon, Employment Support sessions by appointment only
Tues, Bingo, 10am-12noon Healthy Cooking Group, 10am 12noon Over 50s Computer classes, 11am 1pm
Weds, Mother and Toddlers group free, 9 30-11am Coffee Morning free 9 30-11am Learn to Earn – Employment Support Drop-in free, 10am-2pm Sewing Classes 10am 12noon
Thurs Tai Chi, £2, 10 30am 12noon
Sessions take place at Royal Docks Learning & Activity Centre, Albert Road, North Woolwich, E16 Call 020 7476 9922

LGBT Community Group
For over 50s Snacks and refreshments provided
Every third Tues of each month, 4 6pm Community Resource Centre 200 Chargeable Lane E13 Call 020 7239 0447

Dirty Hends Project
Grow your own fruit and veg Open to all First Sat of each month, 10am 2pm Valetta Grove, (opposite Plaistow Station) E13 Visit www.dirtyhandsproject.org.uk or email dirtyhandsproject@gmail.com or call 07961 674 210

Table Top Sale
Sell your goods and keep your profits. £5 a table – open to all
Last Sat of every month, 9am 2pm Jack Cornwell Community Centre, Jack Cornwell Street E12 Call 020 8553 3459
1st Sat of every month, 10am 4pm Community Resource Centre, 200 Chargeable Lane E13 Call 020 3373 2211

Turn up and trade
Free pitches available for traders Every Sat, 9am 4pm Rathbone Market Barking Road E16 Email saturdayraffle@gmail.com or galina.doneva@newham.gov.uk or call 07790 945 985

BASKETBALL

Youngbloods Basketball
All sessions cost £1
Sat, 1 3pm
U12s mixed
East Ham Leisure Centre E6
Mon, 6-8pm, U13/14s boys
St Angela's School, E7
Tues 5 30-7 30pm, Newham Leisure Centre, E13
Mon, 4 30 6pm U14s girls
St Angela's School E7
Tues 5 30 7 30pm, Newham Leisure Centre, E13
Tues 6 8pm U15/16s boys
East Ham Leisure Centre E6
Fri, 6 8pm, St Angela's School E7
Tues 8-9 45pm U17/18s boys
East Ham Leisure Centre E6
Thurs, 7-9pm St Bonaventure's School E7
Fri, 6 8pm St Angela's School E7
Call 07958 307 657

Newham All Star Sports Academy (NASSA)
All sessions take place at UEL, Docklands Campus University Way, E16 Sessions are £1 unless indicated otherwise
Visit www.nassasports.org.uk
Weds 4 20 6pm U13 14 6 8pm, U16 18 8-10pm Senior Men
Thurs, 4 20-6pm U13-14 6-8pm, U16 18 8-10pm, Senior Women, £2
Fri, 4 20 6pm U13 14 6 8pm, U16 18 8 10pm Senior Men Run £2
Sat, 10 20am-12 20pm, junior boys and girls, 8 14, £2
Call 07703 503 995 or 07712 176 301

National League
Mon 6 8pm U13/14s Rokeby School, Barking Road, E16
Tues 6 8pm U15/16s Rokeby School, Barking Road, E16
Thurs, 4 30-6pm, U13/14s boys, U14s girls, Newham Leisure Centre Prince Regent Lane E13
6 8pm, U16s Newham Leisure Centre, Prince Regent Lane, E13
6 8pm, U18s Cumberland School Oban Close E13

Gifted and Talented
Fri 4 15 5 30pm Cumberland School Oban Close, E13

Basketball Session
Sat, 10am 12noon Newham Leisure Centre Prince Regent Lane, E13

Senior Men/Women Programme
Mon 7.30-9.30pm
Division 2 Women and Division 3/4 Men Rokeby School Canning Town, E16
Call 07947 401 616

3v3 Basketball League
Thurs, 5-7pm, 8-19s Forest Gate Youth Centre, Woodford Road, E7
Fri 7-8pm, 8-19s Little Ilford Youth Zone Rectory Road E12

3v3 Basketball Competition
2nd Sat of the month 10am-1pm, U12s/U14s/U16s, Little Ilford Youth Club Rectory Road, E12

Basketball & Multi Sports
Fri 5-6.30pm 8-19s Snowshill MUGA Snowshill Road E12

FOOTBALL

Mayor's Football League
U10s, U12s, Mon, 4.30-6pm and U16s U18s, 6-7pm
Newham Leisure Centre, Prince Regent Lane E13

WHU Kickz
Mon, U14s, 4-5.30pm
15+, 5.30-7pm
West Ham United Community Astro Turf (Beckton), E6
11-18s, 5-8pm
Forest Gate Youth Centre E7
Tues U14s, 4-5.30pm
15+, 5.30-7pm
West Ham United Community Astro Turf (Beckton), E6
11-18s 6-9pm
Priory Park MUGA, E6
Weds, 11-18s, 5-8pm
Priory Park MUGA, E6
Thurs, 11-18s 4-7pm
Priory Park MUGA E6
Fri, U14s 4-5.30pm
Girls 11+, 5.30-7pm
West Ham United Community Astro Turf (Beckton), E6
11-18s 5-8pm
Forest Gate Youth Centre E7

London Youth Games
Mon, 4.30-6pm, U14 Newham Leisure Centre, Prince Regent Lane E13

Football & Multi Sports
Mon 5.30-7pm 8-19s
Weds, 5-7pm, 8-19s,
Stratford Park MUGA,
West Ham Lane, E15

5-a-side Football Competition
Weds, 5-6.30pm 8-19s Fords Park Fords Park Road E16
Thurs, 5.30-7pm, 8-19s, Royal Victoria Gardens, Pier Road, E6
First Sat of the month 10am-1pm U12s/U14s/U16s, Plashet Park Plashet Grove, E6

Football & Multi-Sports
Sat, 2-3.30pm 8-19s, Winsor Park Estate, Winsor School MUGA, East Ham Manor Way, E6

AIR Football (16+)
Tues 1-3pm and Fri 10am-12noon, 16+ Memorial Park Memorial Avenue E15
Fri, 3-5pm, Beckton Powerleague, E6
Visit www.airfootball.co.uk

Ascansion Football Academy
All sessions £3
School years Reception to 11
10-11.30am
King George V Park
King George Avenue E16
Call 07806 584 925

BOXING AND SELF DEFENCE

Boxing
Weds 7pm
West Ham ABC – community boxing, 11-19s
Olympic style amateur boxing sessions Hathaway Community Centre
Hathaway Crescent, E12
Call 020 8430 2000
Mon, Wed Fri 5-6pm
West Ham Boys ABC 9+, boys and girls
The Black Lion 59-61 High Street, E13 Call 020 8472 3614
Mon, Wed 6-8pm
Peacock ABC 8+, boys and girls
Caxton Street North E16
Call 020 7511 3799
Mon Wed, Fri 6-7.45pm
Newham Boys ABC 6+, boys only
Old Bath House 141 Church Street E15 Call 020 8519 5983
Fight For Peace 11+ boys and girls
Woodman Street North Woolwich E16
Call 020 7474 0054

Punch Out (16+)
Thurs 8-9pm
Boxing fitness workout
Beckton Community Centre
East Ham Manor Way E6
Fri 5-6pm Katherine Road Community Centre 254 Katherine Road E7 Email getactive@newham.gov.uk

Shoujin Kerete
Weds, (during term time only) 4.30-5.30pm Fri 6-7pm and 7-8pm Sun 10-11am
Sessions for beginners Under 15s £4 16+ £6 concs £5
Newham Shoujin Karate Club
Newham Leisure Centre,
Prince Regent Lane E13
Call 07508 070 638

Docklands Kerete Club
Mon 6.20-8.20pm Under 15s £4 16+ £6 concs £5
UEL Sports Dock, Docklands Campus, E16
Call 07766 685 869

Tang Soo Do
Sat, 1-2.30pm and Tues 7.30-8.30pm (arrive at least 15 minutes before start) The Hub, 123 Star Lane, E16. Korean Martial Arts for 5+ to adults £5 per session – family discount available
Tue 7.30-8.30pm, Grassroots, Memorial Park, Memorial Avenue E15
Call 07725 948 426 or email ace_rosillo@hotmail.com

Hop, Skip and Punch (18+)
Mon 5.30-6.30pm, Katherine Road Community Centre, 254 Katherine Road, E7
Call 020 8548 9825

Bootcamps
Boxercise Bootcamp
Adults and parents with 7+ Child Tues 6-7pm
Indoor/outdoor
Britannia Village Hall
65 Evelyn Road E16
90 Day Boot Camp Challenge
Outdoor
Mon and Thurs 7.15-8am, Tues and Thurs, 7pm
East Ham Central Park, High Street South E6
Teens only Boot Camp (13+)
Weds 5.30-6.30pm
Thames Barner Park
Barner Point, E16 Email info@5starphysique.co.uk or call 07904 625 402

HEALTH AND FITNESS

Give blood on World Blood Week
Tues 11 June, 1-3pm at The Old Town Hall E15

BMX
Sun 10am-12noon, 6-16s, £3/£2 members/£10 annual membership
Gooseley Playing Fields, St Albans Avenue, E6
Call 07961 333 615/ 020 3373 9000 or email paul.farthing@activenewham.org.uk

Rounders (16+)
Weds, 6.30-8pm
Newham Leisure Centre, E13
Call 020 3373 9000 or email paul.farthing@activenewham.org.uk

Cricket (8-16 yrs)
Weds 5-7pm
West Ham Park E7 email paul.farthing@activenewham.org.uk

East End Road Runners
Tues and Thurs, 7pm
Sun 9am, meet on the track, coached sessions for all abilities
Newham Leisure Centre
Prince Regent Lane, E13
Call 07979 261 647

Run England sessions
All sessions are £2 indicated otherwise
Sun 10am-12noon, Newham Leisure Centre, E13 (meet on the track)
Mon 4.5.30pm Newham Leisure Centre E13 (meet on the track)
5.45-6.45pm, Newham Dockside, E16 (meet at reception)
Tues 6.7pm Newham Leisure Centre, E13 (meet on the track)
Weds, 12noon-1pm Newham Dockside, E16 (meet at reception)
Thurs, free 5.15-6.15pm UEL Docklands Campus, E16 (meet at reception)
Sat 10-11.30am, East Ham Central Park, E6 (meet at the cafe)
10-11.30am Wanstead Flats E12 (meet at Harrow Road Changing Pavilion)
10-11.30am, Memorial Park, E15, £4 (meet at car park)
Call 07718 394 874

Newham Swords (4+)
Tues, 6.20-9pm
Thurs, 6.20-8.20pm
Fri 7.40-10.20pm
UEL SportsDock, Docklands Campus, E16
Call 07956 618 898

Newham Striders
Free sociable walking group, seven days a week
Call 0844 414 2728

Men's Health Football Fitness Sessions
Sat 10-11am West Ham United Community Training Facility, 60a Albatross Close, E6
Call 020 7473 7724

Family Fit Club
Sat 11am-12noon West Ham United Community Training Facility 60a Albatross Close E6 Call 020 7473 7724

Zumba classes
Thurs, 7.30-8.30pm, St Nicholas Church Hall, Gladding Road E12, £5 per class. Call 07720 805 505

Seturdeds
Sat 12noon-3pm for fathers grandads uncles and children aged 0-16
Chandos East Hub
90 Chandos Road E15
Call 020 8221 2137

Newham Young Britons A.S.C
Sat 6.15-7pm
Learn to swim and improve your strokes
Children's session (£2) 5-16
Newham Leisure Centre
Prince Regent Lane E13
Call 07956 304 518

Yoga Classes
Tues, 6.10-7.10pm and Fri, 10.30-11.30am
£5.50 for full-time workers or £3.50/£4 for students and those in receipt of benefits
The Hub, 123 Star Lane E16
Weds, 6.30-7.30pm
The Unitarian Church, West Ham Lane, E15.
Call 07956 808 007 or visit www.yocoma.co.uk

Woodside Badminton Club
Fri 6.9.30pm intermediate and club standards players welcome
£5 waged/£3 unwaged,
Carpenters Docklands Centre
98 Gibbins Road, E15 Call 07958 761 676 / 07956 150 240

Table Tennis
Thurs 6.30-7pm
For beginners and intermediate adult players
Stratford School, Upton Lane, E15 (Dons Road entrance)
For more info call 07976 577 716 or 07828 866 031 or email ginny.harris10@btinternet.com

Qi Gong
Thurs 8pm suitable for adults of all abilities £5 per session on the Docklands Community Boat moored near ExCeL. Meet at the gates to Millennium Mill Mill Road E16
Call 07930 610 275 or email lee@bigheavenlittleheaven.com

Bowls club
For over 16s, U16s welcome with an adult
Sun-Fri 12.30-3pm, West Ham Lawn Bowling Club Stratford Park West Ham Lane E15 call 020 7503 4316
Weds, 2-5pm Plashet Park Bowling Club, Plashet Park, Plashet Grove E6, call 020 8471 3821
Weds, 3.6pm Central Park Bowling Club Central Park, High Street South E6 call 020 8519 2126
Thurs 2.30-5.30pm, Phoenix Bowling Club, Royal Victoria Gardens, Albert Road E16, call 020 7511 6812

Beginners' Ballroom
Mon 10am-12noon St Paul's Church Centre Burges Road E6 £2.50 per session Call 07761 209 463

Twisted Pink
Fri, 6-7pm
Street Dance sessions.
open to 7-21s, £3
Fri, 7.15-8.15pm Zumba classes £5 including childcare St Luke's Church, 89 Tarling Road, E16
Call 07534 513 307 visit www.twistedpink.org.uk or email twistedpink26@aol.com

Zumba with Annabel (17+)
Mon 7-8pm £5 a session
Vicarage Lane Community Centre Govier Close E15
Weds, 7.30-8.30pm Beckton Community Centre, East Ham Manor Way, E6. Call 07500 898 665

Badminton at Little Ilford School
Thurs, 7.9pm For all standards. £4 for a court and bring a racquet
Browning Road E12. Email morgan_phil@hotmail.com or call 07944 117 263

Gemini Square Dance Club
Mon 8-10.30pm Chandos Community Centre Colegrave Road E15 Ideal for 50+
£4 per session including tea and biscuits Call 020 8529 1602 or email mbro22@hotmail.com

FEMALE SPORTS

Fitness Classes (12+)
Tues 8-9pm
Zumba. £6, and, 9-9.30pm Body Conditioning £3, The Hub 123 Star Lane E16 Email bollywoodfuzion@gmail.com or call 07830 455 823

Dare2Dance
Street dance classes for girls, 12-16s Fri, 3.30-5.30pm
Newham Leisure Centre, Prince Regent Lane E13
Call 020 3373 9000

Girls Spinning Sessions
Mon and Weds, 4-4.30pm
11-16 Newham Leisure Centre Prince Regent Lane, E13 Call 020 7511 4477

Female Only Gym Sessions
Tues and Thurs, 3.30-5pm
11-16s Weds, 1.30-3pm,
16-25s Newham Leisure Centre, Prince Regent Lane, E13.
Call 020 3373 9000

Female Boxfit Classes (16+)
Mons 4.15-5.15pm Balaam Leisure Centre Balaam Street E13 Call 07970 783 526

Girls Football
Tues, 3.30-5.30pm 11-16s, Newham Leisure Centre Prince Regent Lane, E13

Women United AFC (11+)
Mon (term time only) 6.7.15pm Kingsford School E6 £1 per session Call 07792 932 979

Get Back into Netball
Tues, 6.7.30pm juniors, 7.30-9pm, seniors OPA Netball Club sessions £2 per session
Lister Community School, St Mary's Road, E13
Call 07717 281 529

Body Blast (16+)
Mon 7-8pm Weds 12.30-1.30pm and Thurs 6-7pm
£5 per session Talent Central Unit 27a 3 Armada Way Gallions Reach Shopping Park E6 Call 07866 612 610

Abs Blast
Thurs, 5.30-6.15pm, 11-16s, Sessions cost £3 Newham

Leisure Centre, Prince Regent Lane, E13

Just Play (16+)
Wed, 6.30-8pm, multi sport session Newham Sixth Form College Prince Regent Lane E13 Call 020 3373 9000

Female Multi-Sports
Fri, 4.15-5.15pm Cardio, Tennis, Handball, Rounders, Football and more. Little Ilford Youth Zone, Rectory Road, E12. Call 020 8556 5973 or email Farrakh.Khan@locsp.org

Sheila's Yummy Mummy buggy (16+)
£5 per session
Mon 10.11.30am East Ham Central Park E6 (meet outside cafe in the park)
Fri 10.11.30am Plashet Park Plashet Grove, E6
Call 07908 614 958 or email spoleon@aol.com

Janice's Fitness (16+)
Tues, 9.30-10.30pm Soca and Zumba fitness sessions £5 per session St George and St Ethelbert Church Hall, Burford Road, E6 Email info@jfikarate.co.uk or call 07818 000 643

Sonic's Circuits (16+)
£4 per session
Tues and Fri 10.11am Ridley Christian Centre 94 Upton Lane, E7 Call 07763230106

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Multi-Sports
Wed and Fri evenings, 6-8pm Flying Wheels club for young wheelchair users 6-22 Rokeby School, Barking Road, E16 Call 07888 085 259
Fri 4.30-6.30pm, U19s Newham Leisure Centre, E13
Tues 10.30am-12noon, disabled multi sports Newham Leisure Centre, E13 Call 020 7511 4477
Fri 4.30-6pm, NewVic, Prince Regent Lane E13
Call 07811 671 082

Wheelchair Basketball
Wed, 4-5pm, 11-19 Rokeby School Barking Road E16 Call 07947 401 616

Family Swims for Disabled Children and Adults
Sat, 4.30-5.30pm Newham Otters Swimming Club Newham Leisure Centre, E13 For more details call 07931 788 739
Sun, 12.30-2pm, Family Swim, Balaam Leisure Centre, E13, £5 Call 020 7476 5274

Trampolining Sessions
Fri, 5-7pm and Sat, 12noon-2pm U19s Newham Leisure Centre, E13 Call 020 7511 4477

Mixed Swimming Sessions for Adults and Children
Wed, 10am-12noon, East Ham Leisure Centre E6 £1.15 per session Call 020 8548 5850

Swim for Families dealing with Autism
Wed 4-5pm Balaam Leisure Centre, E13 Call 020 7476 5274

Get fit for free
Tues, 1.30-3.30pm and Fri, 10am-12noon Free use of the gym, at Newham Leisure Centre for one year for people with learning disabilities To book an induction call 020 7511 4477

B1 Football Club
Third Sun of every month 10am-12noon, East Ham Leisure Centre E6

Soft play and exercise to music
Sat 2-3pm Newham Leisure Centre E13 Call 020 7511 4477

Disabled Athletics
Tues 4.15-6.15pm 11-18s, Brampton Manor Roman Road E6
Thurs 4.30-5.55pm, St Angela's Ursuline School, 1 Saint George's Road, E7
Email cnoumce@englandathletics.org

Sensory Play
For children under five with special needs, speech and language delay or physical disabilities During term time only Fri, 10.11.30am, Oliver Thomas Children's Centre Mathews Avenue E6
Email kathy.holdsworth@oliverthomas.newham.sch.uk or call 020 8821 0997

COMMITTEE MEETINGS

All meetings take place at Newham Town Hall, Barking Road, E6 unless specified

Mon 10 June
6.30pm, Newham Partnership – Health and Wellbeing Strategic Reference Group, Room EG 05/06, Ground Floor, Newham Dockside, 1000 Dockside Road, London, E16
7pm, Local Development Committee Council Chamber Old Town Hall Stratford E15

Tues 11 June
6pm, Licensing (2003 Act) Sub-committee Council Chamber
7pm, Children and Young People Scrutiny Commission 7pm Committee Room 1

Thurs 13 June
10am, Licensing (2003 Act) Sub-committee Large Committee Room, Old Town Hall, Stratford, E15

Tuesday 18 June
10am, Licensing (2003 Act) Sub-committee Large Committee Room, Old Town Hall Stratford E15
4.30pm, Newham Partnership Children and Young People Trust Room EG 05/06, Ground Floor, Newham Dockside – Newham Dockside 1000 Dockside Road London, E16
7pm, Strategic Development Committee Council Chamber Old Town Stratford E15
7pm, Crime and Disorder Scrutiny Commission Committee Room 2

Thurs 20 June
10am, Licensing (2003 Act) Sub-committee Large Committee Room, Old Town Hall Stratford E15
5pm, Cabinet, Council Chamber
5.05pm, SACRE, Ramgarhia Sikh Gurdwara, 10-16 Neville Road, Forest Gate E7

Visit **www.newham.gov.uk/committee** for updates

CONTACT THE MAYOR

Walk-in surgeries
Tues 11 June
8.30am, The Place, 2 Silvertown Way, London E16

Tues 18 June
4.30pm, Registration 4.30pm Newham Town Hall, Barking Road, East Ham, E6

Telephone surgeries
Wed 12 June
Call **020 3373 8444** between **9.30am** and **10.30am** and register your query and contact details The Mayor will then ring you back at a later time

LIBRARY CONTACTS

Beckton Globe
1 Kingsford Way E6
Canning Town
Barking Road, E16
Custom House
Prince Regent Lane, E16
East Ham
High Street South, E6
Green Street
337-341 Green Street
The Gate 4-20 Woodgrange Road, Forest Gate E7
Manor Park
685-691 Romford Road, E12
North Woolwich
5 Pier Parade, E16
Plaistow North Street, E13
Stratford 3 The Grove, E15
Archives and Local Studies
(limited postal and email service only) call 020 3373 6881 email archives.localstudies@newham.gov.uk
Community Outreach Services To find out more call 020 3373 0813

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LONDON'S EVENING UNIVERSITY

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the Mayor's Newham Show

FREE

Saturday 13 & Sunday 14 July 2013

12 noon - 6pm

Central Park, East Ham E6

Come and enjoy two days of fantastic free family fun including:

- Special appearances by the ZingZillas and popular children's TV presenters Sid Sloane and Andy Day
- Jamie's Ministry of Food Stratford cooking demonstrations and competitions
- Beach with donkey rides and helter skelter
- Live music and cabaret performances
- Tima to Shina Final
- Village Fete
- activeNewham activities
- The spectacular Newham Carnival, 2pm Saturday
- Children's and under fives' entertainment

CARNIVAL

No public parking, please use public transport. **Tube** East Ham Station. **Buses** 58, 104, 101, 115, 474 to Central Park 5, 147, 238 to Barking Road. ♿ Disabled Parking, toilets and access. This event takes place on grass. You may be searched as a condition of entry. No glass bottles or dogs.

www.newham.com/summer

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